

## Queen Anne Naturopathic Center, Ltd.

315 1<sup>st</sup> Avenue West, #A, Seattle, WA 98119 (206) 281-4282 FAX 285-6854

DEAR PATIENT,

Welcome to my practice! I look forward to working with you. Please complete the appropriate health history and financial policy forms and bring them with you to your appointment.

### OFFICE APPOINTMENT HOURS:

Monday, noon - 6 pm, Wednesday & Friday, 10 am - 6 pm. The office is closed from 1 pm to 2:15 pm for lunch. In the summer, patients are seen on Thursday instead of Friday.

### INSURANCE COVERAGE:

**Regence** - I am a contracted health care provider for Regence Blue Shield's Preferred (PPO) and Selections health insurance, plus Boeing Selections. I can be chosen as a PCP for the Selections plans. If a referral to a specialist is required, your current PCP can refer to me. Please note that naturopathic medicine is not covered under the Boeing Traditional plan.

**Premera Blue Cross** - I am a contracted health care provider for Premera Blue Cross, Premera Lifewise, Premera Dimensions: Foundation/Access/Heritage/Global, Premera HealthPlus, and Premera MSC. The Health Plus managed care program requires a referral for an ND visit.

**Uniform Medical Plan** - I am a contracted health care provider.

Several other health plans may cover naturopathic services on a non-contracted physician basis. Please first check with your plan. I will provide you with a statement for you to submit to your insurance company if you wish to apply for reimbursement of services covered. For patients not covered by the above accepted insurance plans, payment is due at time of service. We accept cash, checks, Visa/MC (inc. debit cards) and Amer. Express.

### SERVICES:

My goal is to provide you with the best health care possible. If you are an established patient and have brief questions about your ongoing treatment, you may call me during office hours, and I will return your call as quickly as possible. If you have urgent need to talk to me outside of office hours, I have a pager number for you to call: (206) 570-7176. If your questions go beyond what is appropriate for phone management or you are calling regarding new health concerns, you may be asked to schedule an appointment or be charged for a phone consult. (See our Financial Policy for more details). If I am out of town, I will have arranged coverage by another Naturopathic physician for urgent questions or care. This contact information will be on the office phone message.

Office appointment fees are based on insurance guidelines and/or actual appointment length. Call the office for fee ranges if you need to inquire. *The following are average appointment times:*

Naturopathic (only)

First office visit: 3/4 hour to 1 hour

Return office visit: 1/2 hour to 3/4 hour

Comprehensive Iridology (only) up to 1 & 1/2 hours (non-insurance)

Comprehensive Iridology & Naturopathic up to 1 & 3/4 hours (non-insurance)

In consideration of our patients who are sensitive, **please refrain from wearing strong smelling perfumes or colognes** during your visit to our office. If you are seeing me for an iridology appointment and wear hard contact lenses, please bring a lens case, etc. to facilitate lens removal. Confidentiality of your visits and medical records are maintained according to legal guidelines. I look forward to working with you for better health!

Sincerely,

Bill Caradonna, R.Ph., N.D.